

Cedar Crest Memory Unit

July Activities

*Please note that Lounge Programming offers individualized cognitive/sensory stimulation activities for the residents on the Memory Unit

Thursday, July 1st

10:00 a.m.	Music and Memories with Tom
11:00 a.m.	Lunch Helpers
1:30 p.m.	Memory Work Activity
2:30 p.m.	Making Microwave Macaroni and Cheese
6:30 p.m.	Busy Hands and Sorting Activity

Friday, July 2nd

10:00 a.m.	Bingo in Assisted Living
10:00 a.m.	Ball Toss Exercises
11:00 a.m.	Lunch Helpers
1:30 p.m.	Memory Work Activity
2:30 p.m.	Afternoon Social
6:30 p.m.	Evening Movie & Popcorn

Saturday, July 3rd

10:00 a.m.	Grab Bag Dice Games
11:00 a.m.	Lunch Helpers
2:30 p.m.	Yesterday's Reminisce Hour
6:30 p.m.	Lawrence Welk Music Hour

Sunday, July 4th

10:00 a.m.	Inspirational Sing-a-Long Video
2:30 p.m.	Nail Cares and Hand Massages
6:30 p.m.	Lawrence Welk Music Hour

Monday, July 5th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Tuesday, July 6th

10:00 a.m.	Bible Study and Hymn Sing
10:30 a.m.	Before Lunch Juice Pass
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Wednesday, July 7th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Thursday, July 8th

10:00 a.m.	Music and Memories with Tom
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Friday, July 9th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:30 p.m.	Afternoon Social
6:30 p.m.	Evening Movie

Saturday, July 10th

10:00 a.m.	Lounge Programming
2:30 p.m.	Lounge Programming
6:30 p.m.	Lawrence Welk Music Hour

Sunday, July 11th

10:00 a.m.	Inspirational Sing-a-Long Video
2:30 p.m.	Nail Cares and Hand Massages
6:30 p.m.	Lawrence Welk Music Hour

Monday, July 12th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
3:30 p.m.	Music Performance by Tom Stanfield (on the unit)

Tuesday, July 13th

10:00 a.m.	Bible Study and Hymn Sing
10:30 a.m.	Before Lunch Juice Pass
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Wednesday, July 14th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:15 p.m.	Ceramics with Jo
3:00 p.m.	Outdoor Walks

Thursday, July 15th

10:00 a.m.	Music and Memories with Tom
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Friday, July 16th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:30 p.m.	Afternoon Social
6:30 p.m.	Evening Movie

Saturday, July 17th

10:00 a.m.	Lounge Programming
2:30 p.m.	Lounge Programming
6:30 p.m.	Lawrence Welk Music Hour

Sunday, July 18th

10:00 a.m.	Inspirational Sing-a-Long Video
2:30 p.m.	Nail Cares and Hand Massages
6:30 p.m.	Lawrence Welk Music Hour

Monday, July 19th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Tuesday, July 20th

10:00 a.m.	Bible Study and Hymn Sing
10:30 a.m.	Before Lunch Juice Pass
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Wednesday, July 21st

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:15 p.m.	Ceramics with Jo
3:00 p.m.	Outdoor Walks

Thursday, July 22nd

10:00 a.m.	Music and Memories with Tom
1:30 p.m.	Memory Work Activity
3:15 p.m.	Musical Performance by Yuri Rashkin (On the unit)

Friday, July 23rd

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:30 p.m.	Afternoon Social
6:30 p.m.	Evening Movie

Saturday, July 24th

10:00 a.m.	Lounge Programming
2:30 p.m.	Lounge Programming
6:30 p.m.	Lawrence Welk Music Hour

Sunday, July 25th

10:00 a.m.	Inspirational Sing-a-Long Video
2:30 p.m.	Nail Cares and Hand Massages
6:30 p.m.	Lawrence Welk Music Hour

Monday, July 26th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Tuesday, July 27th

10:00 a.m.	Bible Study and Hymn Sing
10:30 a.m.	Before Lunch Juice Pass
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Wednesday, July 28th

10:00 a.m.	Lounge Programming
1:30 p.m.	Memory Work Activity
2:15 p.m.	Ceramics with Jo
3:00 p.m.	Outdoor Walks

Thursday, July 29th

10:00 a.m.	Music and Memories with Tom
1:30 p.m.	Memory Work Activity
2:30 p.m.	Lounge Programming

Friday, July 30th

10:00 a.m.	Lounge Programming
	No Memory Work Activity
2:30 p.m.	Afternoon Social
6:30 p.m.	Evening Movie

Saturday, July 31st

10:00 a.m.	Lounge Programming
2:30 p.m.	Lounge Programming
6:30 p.m.	Lawrence Welk Music Hour